

Pozee Jewish Community Center of Northern Virginia
Pool Schedule (September 2019 – May 2020)

MONDAY			
Time	Available Lanes for Members	Reserved Lanes for Activities	Activity
6:30am-9:00am	6	0	OPEN POOL
9:00am-9:45am	3	3 + ramp	*Aqua Zumba
9:45am-1:00pm	6	0	OPEN POOL
1:00pm-2:00pm	3	2 + ramp	*Group Lessons
2:00pm-3:45pm	6	0	OPEN POOL
3:45pm-5:15pm	4	2	PM Swim Team
4:45pm-6:00pm	1	5	*Junior Galim/Mini Waves Swim Team
6:00pm-7:30pm	2	4	*Waves Swim Team/PM Swim Team
7:30pm-9:30pm	3	3	Streamline Swim Team
TUESDAY			
Time	for Members	for Activities	Activity
6:30am-1:00pm	6	0	OPEN POOL
1:00pm-2:00pm	3	3 + ramp	*Group Lessons/Junior Galim
2:00pm-2:45pm	3	3	*Mini Waves Swim Team
2:45pm-4:45pm	6	0	OPEN POOL
4:45pm-8:15pm	2	4	*Waves Swim Team
8:15pm-9:15pm	1	5	*Master Swim Team
9:15pm-9:30pm	6	0	OPEN POOL
WEDNESDAY			
Time	Available Lanes for Members	Reserved Lanes for Activities	Activity
6:30am-9:30am	6	0	OPEN POOL
9:00am-9:45am	3	3 + ramp	*H2O
11:00am-1:00pm	6	0	OPEN POOL
1:00pm-2:00pm	3	2 + ramp	*Group Lessons
2:00pm-3:45pm	6	0	OPEN POOL
3:45pm-5:15pm	3	2	PM Swim Team
4:45pm-5:15pm	2	1	*BASE
5:15pm-6:00pm	1	5	*Mini Waves Swim Team
6:00pm-7:30pm	2	4	*Waves Swim Team/PM Swim Team
7:30pm-9:30pm	3	3	Streamline Swim Team
THURSDAY			
Time	Available Lanes for Members	Reserved Lanes for Activities	Activity
6:30am-1:00pm	6	0	OPEN POOL
1:00pm-2:00pm	3	3 + ramp	*Group Lessons/Junior Galim
2:00pm-2:45pm	3	3	*Mini Waves Swim Team
2:45pm-4:45pm	6	0	OPEN POOL
4:45pm-8:15pm	1	5	*Waves Swim Team
8:15pm-9:15pm	1	5	*Master Swim Team
9:15pm-9:30pm	6	0	OPEN POOL
FRIDAY			
Time	Available Lanes for Members	Reserved Lanes for Activities	Activity
6:30am-9:00am	6	0	OPEN POOL
8:30am-9:15am	3	3 + ramp	*Aqua Zumba
9:45am-1:00pm	6	0	OPEN POOL
1:00pm-2:00pm	4	2 + ramp	*Group Lessons
2:00pm-4:45pm	6	0	OPEN POOL
5:00pm-5:30pm	1	1	*BASE
4:45pm-5:30pm	2	4	*Mini Waves Swim Team
SATURDAY			
Time	for Members	for Activities	Activity
12:30pm-5:30pm	3	3	OPEN POOL/LFG Training/Priv Cls
SUNDAY			
Time	Available Lanes for Members	Reserved Lanes for Activities	Activity
7:30am-8:30am	6	0	OPEN POOL
8:30am-9:30am	1	5	*Master Swim Team
9:30am-2:00pm	1	5 + ramp	*Group/Private/Semi Private Lessons
10:30am-11:15am	1	5	*Mini Waves Swim Team
11:30am-12:30pm	4	2	*Family Swim
12:30pm-2:00pm	4	2	*Private Lessons
2:00pm-4:00pm	3	3	Moons Swim Team
4:00pm-6:00pm	3	3	Annandale Swim Team
6:00pm-7:30pm	3	3	Mantua Swim Team
7:30pm-8:30pm	3	3	Beth Bedell Swim Team
8:30pm-9:30pm	6	0	OPEN POOL

Special Notice:

* Pozee JCC Member Programs

Schedule is subject to change - to confirm, please call 703.323.0880